



COURSE DEFINITION
Osteopathic Testing of the Upper Limb

Year: 2
code : A2 - 16

Head of department :
L.Galopin D.O.
Teacher(s) :
C.Esnault D.O.

ECTS : 3,5
Hours credit: 60
Distribution
number CM :
number TP : 60
number TD :

Type :
EP
Evaluation:
SEMESTER
Language : French
Documentation: YES

Courses objectives :
Identifying osteopathic dysfunction through visual and palpatory examinations and mobility tests

Bibliography :
Atlas pratique de médecine ostéopathe. LeCorre F. et Rageot E.(Ed. Masson); Manuel d'ostéopathe pratique. Moutin L. et Mann G.(Ed. G.A. Mann)

Content :

The shoulder:

- Visual examination of the shoulder girdle
- Palpation of the osseous landmarks and musculoligamentous tension
- Protocol testing of the sterno-costo-clavicular, acromioclavicular, glenohumeral, subdeltoid and scapulo-serrato-thoracic joints

The elbow:

- Visual examination of the upper limb
- Palpation of the osseous landmarks and musculoligamentous tension
- Protocol testing the humeroulnar, humeroradial and superior radioulnar joints.

The wrist:

- Visual examination of the wrist
- Palpation of the osseous landmarks and musculoligamentous tension
- Protocol testing of the radiocarpal and inferior radioulnar joints

The hand:

- Visual examination of the **wrist. (hand ??)**
- Palpation of the osseous landmarks and musculoligamentous tension
- Protocol testing of the joints